



Sage Canaday

PERSONAL BESTS

↻ 1500m – 3:55	03/09
↻ 3000m- 8:22	02/09
↻ 5k- 14:29	02/09
↻ 10k- 29:47	04/09
↻ Half Marathon- 1:04:32	02/11
↻ Marathon – 2:16:52	06/11

CAREER HIGHLIGHTS

Professional

- 8th at Rock ‘n’ Roll San Diego Marathon (2011)
- 5th at Rock ‘n’ Roll New Orleans Mardi Gras Half-Marathon (2011)
- 2nd at Walt Disney World Half Marathon (1:05:51) 2011
- 17th (8th American) at Chicago Marathon (2010)
- 6th at Seattle Rock ‘n’ Roll Half-Marathon (2010)
- 2nd at Walt Disney World Half-Marathon (2010)
- 16th (5th American) at Utica Boilermaker 15k (2009)
- 11th at Gary Bjorklund Half Marathon in Duluth, Minn (2009)
- 17th at Stratton-Faxon New Haven 20k Championships (2008)
- 23rd (12th American) at CIGNA Falmouth 7 mile Road Race (2008)
- 10th (4th American) at Grandma’s Marathon in Duluth, Minn (2007)

Cornell University (Ithaca, NY)

- 2008 Ivy League Conference Champion at 10k
- 2-time NCAA DI All-Northeast Region, Individual NCAA qualifier
- 2nd place at Conference in XC, 24:41 at Van Cortlandt Park 5mi. course
- 2007 US Olympic Marathon Trials Qualifier (youngest participant at the age of 21)

Newberg High School (Newberg, OR)

- 2003 District Cross Country Champion (15:07 for 4.9k, course record)
- 15th place at Oregon v. Washington “Borderclash” meet
- PRs- 3k: 8:46, 5k: 15:17

[For more information log onto www.Hansons-Running.com]

Hansons 2010

Sage Canaday

Focus: Marathon
Age: 25
D.O.B: 11.14.85
Height: 5’11”
Weight: 150 lbs.
Years Run: 13
Hometown: Sheridan, OR



USATF #: 6110195219
Address: 761 Driftwood
Rochester Hills, MI 48307

Website: www.hansons-running.com
eMail: sage@vo2maxproductions.com
College Degree: BS in Design